

FrontRunner

Run for the Apples 5 Mile and Kids Fun Run

October 19, 2019

ENTRY FORM

Name _____

Address _____

City State Zip _____

Birthdate _____ Age on Race Day _____ Gender M _____ F _____

Email Address _____ Phone # _____

5 Mile Run/Walk _____ Kids Fun Run _____

Age Group _____ Clydesdale _____ Athena _____

T Shirt Youth Small _____ Youth Medium _____ Youth Large _____

Adult Small _____ Adult Medium _____ Adult Large _____ Adult XLarge _____

Cost – Through October 18 -5K/10K \$35 Race Day \$45

Kids Fun Run – Through October 18 \$10 Race Day \$15

Make Check Payable to FrontRunner

Mail Registration to FrontRunner

5276 Portlandwoods

White Bear Lake, MN

Release of Liability

WAIVER. I am properly trained and enter this race totally at my own risk and hereby waive all claims that I or my heirs may have against all sponsors, race directors and all others associated with this race, for any injuries or problems I may sustain, regardless of any negligence. I am totally responsible for my safety and any injury I may suffer. Further, I hereby grant full permission to any and all of the foregoing to use my name, likeness and voice, as well as any photographs, videotape, motion pictures, recordings and any other record of this event in which I may appear for any legitimate purpose including broadcast of the event, the reuse in any media of this broadcast and in advertising and promotion.

Signature _____ Date _____

Parent Signature (If under 18 years of age) _____